

DIVISION OF ADOLESCENT MEDICINE

Welcome to the Division of Adolescent Medicine. Our diverse staff provides specialized and multidisciplinary services focused on the health and psychosocial needs of adolescents and young adults, ages 12-30.

Subspecialty Services:

- Evaluation and treatment of eating disorders including obesity
- Reproductive health care
- Testing and treatment for sexually transmitted diseases
- Evaluation, treatment and referral for alcohol and substance abuse
- Evaluation and treatment of gynecological problems
- Evaluation, 2nd opinions and treatment for complex multifactorial/chronic conditions
- Follow-up of post-sexual assault patients and management of post-exposure prophylaxis medications
- Care for adolescents with chronic disease
- Routine HIV testing and risk reduction counseling and access to an HIV treatment specialized program
- Medical management and care coordination of mental health conditions
- Immunizations
- Functional abdominal pain
- Gender dysphoria

Attending Physicians

Attendings are members of the faculty at the University at Buffalo and are board certified in both Pediatrics and Adolescent Medicine. They are responsible for your child's care.



Dalinda Condino, MD
Division Chief



Christine Nelson-Tuttle, PhD, NP

After your appointment, please visit **UBMDPediatrics.com** to complete our patient satisfaction survey. Your feedback is important to us so that we can provide a consistently positive experience to all of our patients!

Thank you!

Outpatient Centers	Contact Information	About Us
<p>Conventus 1001 Main St 4th Floor Buffalo, NY 14203</p> <p>University Commons 1404 Sweet Home Road Suite 5 Amherst, NY 14228</p>	 Tel: 716.323.0050  Fax: 716.323.0296  Web: UBMDPediatrics.com	<p>UBMD Pediatrics is one of 18 practice plans within UBMD Physicians' Group. We provide premier healthcare to young infants, children, adolescents, and young adults throughout Western New York and beyond.</p> <p>Our doctors make up the academic teaching faculty within the Department of Pediatrics at the Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo and are also the physicians at Oishei Children's Hospital.</p>



DIVISION OF ADOLESCENT MEDICINE

1001 MAIN STREET, 5TH FLOOR

BUFFALO, NY 14203

T: 716.323.0050 | F: 716.323.0296

MENSES QUESTIONNAIRE

Patient Name: _____ Date of Birth: _____

Reason for Visit: _____

Referring Physician: _____ Self-Referred

Marital Status: Single Married Divorced Long-term relationship Widowed

Past Medical History (check any that apply): None

- Arthritis
- Diabetes
- High cholesterol
- Kidney disease
- GERD/Reflux
- Cancer, please specify: _____
- Sexually transmitted disease, please specify: _____
- Other, please specify: _____
- Gallstones
- Asthma
- Thyroid issues
- Blood clots
- Hormone imbalance
- Liver disease, includes hepatitis
- High blood pressure
- Bleeding issues
- Migraines

Family History (check any that apply): None

- Diabetes
- Asthma
- Kidney disease
- Cancer, please specify: _____
- Other, please specify: _____
- High cholesterol
- Anxiety
- Mental illness
- Heart disease
- Depression
- Arthritis
- Stroke

Affected Relatives: _____

Current Medications (include vitamins and herbal supplements):

Medication/Vitamin/Supplement	Dose	Frequency

Do you have any drug allergies? No Yes, please list: _____

Do you currently:

Smoke? Never Yes, Pack/Day _____ Cigarettes Vape Hookah

Former Years smoked _____

Drink alcohol? Never Former Yes, Drinks/Week: _____ Type: _____

Drink caffeine? No Yes Coffee Tea Soda Energy Drink Chocolate

Daily Intake: _____

Lifestyle: Are you on a specific diet? No Yes, which type of diet: _____

Do you exercise regularly? No Yes, what type of exercise: _____

Days/Week: _____ Hours/Day: _____

Surgical History (include all surgeries/procedures): Never had surgery

Date	Type of Surgery/Surgical Procedure
_____	_____
_____	_____
_____	_____
_____	_____

Menstrual History (complete even if having abnormal or no longer having periods):

Age of first period: _____ years

If your menstrual periods are regular, periods start every: _____ days

If your menstrual periods are irregular, periods start every: _____ to _____ days (i.e. 12 to 60) Duration of bleeding: _____ days

Does bleeding or spotting occur between periods? Yes No

Does bleeding or spotting occur after intercourse? Yes No

First day of last menstrual period: _____

Is pain associated with periods? Yes No Occasionally

If yes, is it? Before menses During menses Both

Pap Smear/Mammogram History:

Never had a pap smear

Date of last pap smear: _____ Have you ever had an abnormal Pap smear? Yes No Have you had treatment for abnormal PAP smears? Yes No

What type of treatments have you had? _____

Never had a mammogram

Date of last mammogram: _____ Have you had an abnormal mammogram? Yes No

Sexual History: Never had sexual intercourse

Do you have a sexual partner? No Yes: Male Female

Birth Control History: Abstinence

Which birth control method(s) do you currently use? _____

Pregnancy History (all pregnancies): Have never been pregnant

Number of pregnancies: _____ Vaginal: _____ C-Section: _____ Number of deliveries: _____

Number of living children: _____ Number of miscarriages: _____ Number of abortions: _____

Any complications with pregnancy or delivery: _____

SERVICES FORM

PATIENT NAME: _____

PHONE #: _____

SECONDARY PHONE #: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT INFORMATION (i.e. SPOUSE, GRANDPARENT, FRIEND)

EMERGENCY CONTACT NAME: _____

PHONE #: _____

RELATIONSHIP TO CHILD: _____

RACE (PLEASE CHECK)

_____ BLACK AFRICAN AMERICAN

_____ ASIAN AMERICAN

_____ AMERICAN INDIAN, ALASKA NATIVE

_____ CAUCASIAN

_____ NATIVE HAWAIIAN, OTHER PACIFIC ISLANDER

_____ UNKNOWN

_____ OTHER (PLEASE SPECIFY): _____

ETHNICITY (PLEASE CHECK ONE)

_____ HISPANIC OR LATINO

_____ NOT HISPANIC OR LATINO

_____ UNKNOWN

PRIMARY LANGUAGE (PLEASE CHECK ONE)

_____ ENGLISH

_____ BURMESE

_____ SPANISH

_____ RUSSIAN

_____ OTHER (PLEASE SPECIFY): _____

Date: _____

CONSENT FOR TREATMENT

Patient Name: _____

Parent or Guardian (if patient is under 18): _____

I hereby voluntarily consent to and/or authorize the performance of medical examinations, treatments, diagnostic procedures, blood tests, and/or laboratory procedures, which the doctor(s) in attendance at the UBMD PEDIATRICS OUTPATIENT CENTER considers medically necessary and/or appropriate.

I acknowledge that no guarantees have been made as to the effect of such examinations or treatments on my or my child's condition.

This consent will remain in effect for as long as the patient remains a client of the UBMD Pediatrics Outpatient Center.

Patient or Parent/Guardian Signature

Parent/Guardian Relationship to Patient

Witness

Date

ACKNOWLEDGEMENT OF RECEIPT NOTICE OF PRIVACY PRACTICES

By signing below, I acknowledge that I have been provided a copy of UBMD Pediatrics' Notice of Privacy Practices.

Signature

Name or Personal Representative

Date

Relationship to Patient

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

_____ Individual refused to sign

_____ Communication barriers prohibited obtaining the acknowledgement

_____ Emergency situation prevented us from obtaining acknowledgement

_____ Other (Please specify: _____)

HIPAA (Health Insurance Portability and Accountability Act)

**AUTHORIZATION TO SHARE PHI
Disclosure of Protected Health Information**

You have a right to request that we share certain information about your health care with family members or friends that may be involved in your care. You may also request limitations on how we disclose information about you to family or friends involved in your care. We will not share information such as test results, prescription refills, or appointments with anyone unless you authorize us to do so. Please indicate below with whom we may share certain health information. You also have the right to revoke this authorization, in writing, at any time.

PATIENT INFORMATION

Patient Name: _____ DOB ____/____/____

Telephone (daytime): _____ (evening): _____

AUTHORIZATION REQUESTED (With whom can we share health information?)

Name: _____ Relationship: _____

Name: _____ Relationship: _____

Name: _____ Relationship: _____

WHAT KIND OF HEALTH INFORMATION ARE YOU AUTHORIZING US TO SHARE?

Please place an X next to the information that can be shared:

_____ Make appointments for me

_____ Call for prescription refills

_____ Test results can be shared

_____ My overall health status

Other (Please specify: _____)

NOTIFICATIONS

With my consent, UBMD Pediatrics may call my home or other designated location, including those listed on my demographic page, and leave a message on voicemail, answering machine or in person in reference to items, such as appointment reminders, insurance information. Any restrictions are listed below:

PATIENT UNDERSTANDING AND SIGNATURE

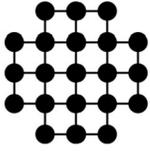
By signing below I am authorizing UBMD Pediatrics to share the indicated health information with those listed above.

Signature

Patient Name or Personal Representative

Description of Personal Representative's Authority

Date



Adult Proxy Access Request

Please read this form carefully before signing. This authorization will permit your healthcare provider to release portions of your electronic medical record information to the person listed on page 1 of this form. I understand that the use of MyUBMD Patient Portal powered by FollowMyHealth is voluntary. I am not required to use MyUBMD or authorize a proxy.

This form is an authorization that will permit your healthcare provider to release your (patient) electronic medical record information to the adult you have designated and authorized to access your MyUBMD FollowMyHealth account. You have the opportunity to opt out of or revoke the access at any time.

To request access to the record of an adult through MyUBMD, please complete this form. The patient whose information you are requesting to access must sign this form. Please note that the patient's chart will be accessed through your MyUBMD account.

Return completed forms to the healthcare provider from whom this form was obtained.

Patient's Information (All sections required—Please print clearly.)

Patient's Name (last, first, middle initial): _____ DOB: ____ / ____ / ____

Street Address: _____ City: _____ State: _____ Zip: _____

Phone Number: (_____) _____ Email: _____

Your (Proxy) Information (All sections required—Please print clearly.)

Your Name (last, first, middle initial): _____ DOB: ____ / ____ / ____

Street Address: _____ City: _____ State: _____ Zip: _____

Phone Number: (_____) _____ Email: _____

Access Level (Circle one): Full Access Read Only

FollowMyHealth Terms and Conditions: I hereby designate the person named above as my FollowMyHealth proxy, thereby allowing him/her access to my FollowMyHealth medical record.

_____/_____/_____
Signature of Patient or Authorized Person Relationship to Patient Date

_____/_____/_____
Your (Proxy) Signature Relationship to Patient Date

The use of MyUBMD is governed by the FollowMyHealth Proxy Terms and Conditions of Use, a copy of which may be accessed when you sign in to your FollowMyHealth account and whose terms are incorporated herein. By signing above, you agree to be bound by the FollowMyHealth Proxy Terms and Conditions of Use. If, for any reason, you do not agree to be bound by the FollowMyHealth Proxy Terms and Conditions of Use, FollowMyHealth proxy access will immediately be terminated. Following termination, you have the right to request in writing health information which you are legally entitled to access in accordance with New York law. If, at any time after proxy access is granted, your relationship to the patient changes such that you no longer have the legal right to access his/her health information, you will immediately cease accessing any information regarding the patient in FollowMyHealth chart and notify your healthcare provider's office of the change of circumstances.

SECURITY CODE/PASSWORD IS PATIENT'S BIRTH YEAR: _____

FINANCIAL POLICY

We are committed to providing you with the best care, and we are happy to discuss our professional fees with you at any time. Your clear understanding of our financial policy is important. Please ask if you have any questions about our fees, financial policy, or your responsibilities.

At the time of service, **ALL PATIENTS** must present the following documentation:

1. PATIENT'S current insurance card
2. In accordance with HIPAA regulations, we maintain the right to request social security numbers; however, you have the right to decline to give the information.

Our receptionists will ask you to verify information at each visit. You will also be asked to confirm current address and phone number. We accept **CASH, PERSONAL CHECKS, MONEY ORDERS, VISA, & MASTERCARD** for all out-of-pocket expenses which include copayments, deductibles, and balances due. These expenses cannot legally be waived by our practice, as it is part of the contract between you and your carrier.

1. INSURANCE PROGRAMS THAT CONTRACT DIRECTLY WITH US: Blue Cross/Blue Shield, Independent Health, Univera, United HealthCare, Medicare, Medicaid, Community Care, Medisource, Your Care, and Fidelis.

- You are responsible for understanding the policy you have chosen and for providing our office with all necessary billing information.
- **COPAYMENT IS REQUIRED AT THE TIME OF YOUR VISIT.** If you do not have your copayment at the time of your visit, you may be asked to reschedule your appointment.

2. IF YOU DO NOT HAVE INSURANCE OR BELONG TO AN INSURANCE PROGRAM THAT DOES NOT CONTRACT DIRECTLY WITH US, YOU WILL BE EXPECTED TO PAY THE FOLLOWING FEES AT THE TIME OF SERVICE:

- \$256 as a down payment for a visit as a NEW patient. Depending on the level of services you received, you may owe more or less than this amount. If you do not have this payment at the time of service, you may be asked to reschedule your appointment. At the time of service, our financial policy and the amount due should be explained to you and noted on your registration.

PLEASE NOTE: The first time consulting with a sub-specialist is considered a new visit, even if your child may have received a consultation from another UBMD Pediatrics subspecialty in the past.

- \$78 for a visit as an ESTABLISHED patient. Depending on the level of services performed, you may owe more or less than this amount. If you do not have this payment at the time of service, you may be

asked to reschedule your appointment. Our financial policy and the amount due at the time of service should be explained to you and noted on your registration.

If the total charges for the date of service are more than what you paid at the time of service you will be responsible for the difference.

If the total charges are less than what you paid at the time of service you will be refunded the difference within 30 days.

If UBMD Pediatrics does not contract directly with your insurance company, the Billing Department will submit a courtesy claim to your insurance company. You will need to contact your insurance company to ensure prompt payment. The balance will remain your obligation.

PLEASE NOTE: A \$30 fee will be applied for ALL RETURNED CHECKS.

3. MEDICAID MANAGED CARE AND MEDICAID PROGRAMS

- Every Managed Care/Medicaid patient must show a current Medicaid card at the time of service.
- If your insurance plan requires a current referral, you are required to provide our office with a current referral PRIOR to your appointment date. IF YOU DO NOT PROVIDE US WITH THIS INFORMATION, YOUR APPOINTMENT MAY BE RESCHEDULED.

4. APPOINTMENT CANCELLATION POLICY

We require a 48-hour notice of cancellation for all scheduled appointments. If you fail to notify this office, you may be charged \$35.

You will receive a billing statement for balances that are not paid. Payment is expected upon receipt of statement. Accounts with outstanding balances will be forwarded to our collection agency as necessary.

If unusual circumstances make it impossible for you to meet the terms of this financial policy, please discuss your account with our business office by calling 716.932.6060 ext. 102. This will avoid misunderstandings and enable you to keep your account in good standing.

We are not party to any legal agreement between divorced or separated parents. Any financial arrangements between divorced or separated parents must be worked out between those parties.

I HAVE READ AND UNDERSTAND THE ABOVE POLICIES, AND I AGREE TO ACCEPT RESPONSIBILITY FOR ANY FINANCIAL OBLIGATIONS INCURRED.

Signature

Date